



# Are you feeling stuck?

It is time to stop just getting by and start Getting Ahead!



Getting Ahead is part of Second Harvest's Forward STEPS community learning initiative, which works with participants to examine their past to create a new and better future for themselves and their families. Each week a group of people comes together to determine what keeps them stuck and what they can do to get ahead.

Over the course of the 16-week Getting Ahead program, you will:

- Receive a total of \$400 in gift cards to help you get your finances under control.
- Receive food and other essential resources to stock your pantry.
- Build resources and develop long-lasting relationships.
- Receive one-on-one support to overcome barriers to success.
- Learn about the hidden rules of economic class and how to navigate them.
- Create goals for a new, self-sufficient future.

---

Get Started at [curehunger.org/ForwardSTEPS](https://curehunger.org/ForwardSTEPS)